

November 27, 2024

Good Morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Tomorrow is Thanksgiving! As we gather to celebrate, let's take a moment to reflect on the countless blessings in our lives. Writing down the things you're thankful for this year and sharing them with loved ones through small notes or heartfelt conversations can be small thoughtful gestures you can do.

Thanksgiving is often about family gatherings and delicious meals, but it's also a time to embrace the spirit of giving. Here are some meaningful ways to celebrate:

- Donate food to a local food bank to help feed those in need. You can do this by contributing to the school's food drive and making a difference in our community.
- You can also reach out to someone who might be spending the holiday alone. Your kindness can make their day brighter and help them feel included.

Affirmation of the day: I am confident in my ability to succeed.

Thank you for listening and have Warm-Hearted Wednesday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

