September 25, 2024

Good morning I.S.201! My name is Esther Chen from class 752, and I am here with you on this Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today is National Dream Day! This day celebrates creativity, imagination, and encourages us to share our dreams and aspirations. We should all look forward to what we want to be in life. Talking to other people in different fields can help you explore different options.

This day can also serve as a reminder how important it is to keep our dreams alive. Making a vision board or writing down reflections can help serve as a reminder to manifest those goals.

No one got that far without resilience and hard work. Failing is an experience that helps us succeed so never feel down for it. Even celebrating the small wins are important to keep yourself motivated.

Make sure to inspire one another to dream big because we can all achieve unimaginable things!

Affirmation of the Day: I am resilient, and I grow stronger with every challenge I face.

Thank you for listening and have a Winning Wednesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

