Rise and shine, I.S.201! This is William Chen from class 752 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

Today is the last day of September! Crazy how fast time passes by, right? We've officially gotten past nearly one month already and here's to eight more! Thank you to all the amazing teachers, staff, and administration here at our school that make our school better and more welcoming! To add on, today is also national Love People Day! National Love People Day began in 2017 and is used as a day to show your appreciation and gratefulness to people you love! So, designate today and tell someone you love how thankful you are to have them in your life whether it's a family member, friend, significant other, or even a pet! Let's have a positive ending to September and have an even better start to October!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

Affirmation of the Day: I will give myself time and space to heal from the pain of loss.

Thanks for tuning in and have a Make Every Moment Count Monday!

