## October 10, 2024

Good morning, I.S. 201! I'm Katie Chan from 831, and I'm here this Thoughtful Thursday on behalf of the S.E.A.L Team.

Today is a special day, it's Inclusion Day! This is a day to remind ourselves that our school community is stronger when everyone feels welcome, supported, and included. Whether it's in the classroom, at lunch, or in after-school activities, let's make an extra effort to reach out to someone new or show kindness to those around us. As Helen Keller said, "Alone we can do so little; together we can do so much." Let's work together to create an environment where everyone feels they belong.

And speaking of special days, today is also our secretary's birthday! A huge shoutout and happy birthday to Ms. Judy Guido! She does so much to keep everything running smoothly here, and just like inclusion, she helps make sure no one is left out. Be sure to show her some birthday love today!

Thanks for listening and have a Together Thursday 😊

SEAL Team pledge:

We are the Dyker S.E.A.L. Team Positivity is our dream We teach it every day To help others live the optimistic way We learn to control our emotions and feelings So, we always have effective social dealings No stone left unturned; no person left behind Every member of our team has the power to be kind We spread kindness to our friends, families, and those who need a smile When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

