

October 9, 2024

Good morning I.S.201! My name is Esther Chen from class 752, and I am here for the Words of Wisdom Wednesday on behalf of the S.E.A.L team.

Today we celebrate National Stop Bullying Day! This day is a chance for us to come together and reflect on the real impact of bullying. Many of us have witnessed it, experienced it, or know someone who has. It can leave deep emotional scars and make people feel isolated and alone.

We can make this school a safer place. It starts with each of us choosing to stand up for what's right. If you see someone being picked on, don't be a bystander. A simple act of kindness, a friendly word, including someone in a conversation, or standing up for them can make a huge difference.

Let's remember that we all want to feel safe and accepted. So today, let's commit to promoting kindness, speaking up, and supporting one another, not just today but every day. Together, we can create a community where bullying is ineffective.

Affirmation of the Day: I am loved and valued by those who matter to me.

Thank you for listening and have a Willing Heart Wednesday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

