Good morning, I.S. 201! I'm Celine from 814, and I'm here on behalf of the S.E.A.L Team for Talk A Lot Tuesday.

Today is National Constitution Day, a day when we honor the signing of the U.S. Constitution in 1787. This document created our government and introduced important ideas like checks and balances, which help make sure that power is shared fairly. It also protects our rights, like life, liberty, and property—things that are still important in our lives today.

But what does that mean for us? The Constitution is a reminder that fairness and equality matter in everything we do, including how we treat each other at school. Social-emotional awareness means being aware of how our actions and words impact others. Just like the Constitution protects fairness, we should also strive to treat our friends, classmates, and teachers with kindness and respect.

As Nelson Mandela once said, "It is in your hands to create a better world for all who live in it." By treating each other fairly and standing up for what's right, we can help build a school community where everyone feels safe and valued—just like the Constitution helps build a fair and just country.

Thanks for listening and have a Treat Each Other with Respect

Tuesday

## SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

