

November 25, 2024

Rise and shine, I.S.201! This is William Chen of class 752 speaking to you for today's Motivational Monday on behalf of the S.E.A.L Team.

This week is National Book Week! National Book Week's purpose is to encourage us to be grateful for our ability to read and to motivate us to read a book. Statistics show that approximately 14-15% of people on Earth are illiterate. That's quite a lot of people! The ability to read after all is very crucial in our lives as it helps us accomplish many things and we quite literally need the ability to read and write to navigate through basic daily tasks. In spite of this, try and read a book outside of school if you don't already do so yet whether it's on the way home, at home, or right before you go to bed.

Affirmation of the Day: I let go of the need for approval from others.

Thanks for listening and have a Motivated Monday!

SEAL Team pledge:

We are the Dyker S.E.A.L. Team

Positivity is our dream

We teach it every day

To help others live the optimistic way

We learn to control our emotions and feelings

So, we always have effective social dealings

No stone left unturned; no person left behind

Every member of our team has the power to be kind

We spread kindness to our friends, families, and those who need a smile

When facing hardships and adversity, the S.E.A.L. Team goes the extra mile

